

**Saturday, Sept. 17  
8AM to 1PM  
San Leandro Senior  
Community Center  
13909 E. 14th St.**

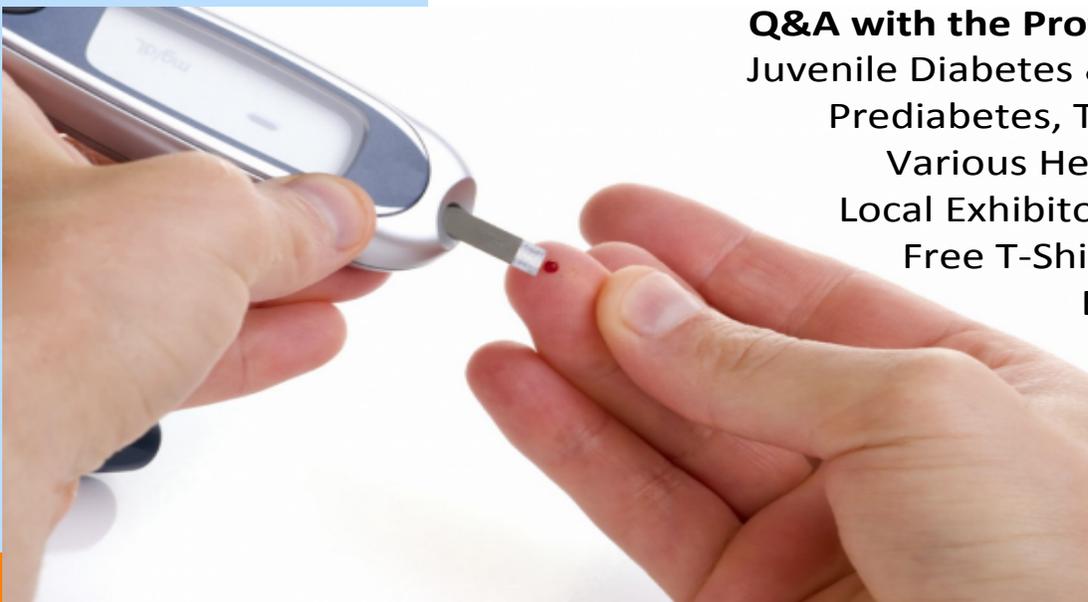
*This free community event is  
proudly sponsored by:  
Schultz & Titov Internal Medicine  
San Leandro Diabetes Educators  
Hill Physicians  
Epic Care  
San Leandro Hospital  
Alameda Health Care Systems  
New Balance  
Alameda Co. Public Health Dept.  
City of San Leandro  
Carlton Senior Living  
San Leandro Lions Club  
Early Alert Canines  
Primary EyeCare Optometrics  
Rita David-Malig  
Law Offices of Matt Gonsalves*



**Walk for Wellness-** A One-Mile Walk led by Retired Oakland A's Player, **Dave Anderson**

Presentations from Leading Experts:  
**Paul Rosman**, Author of "**Thrive with Diabetes**" &  
**Cynthia Sweet**, PhD Omada Health  
**"Using Technology to Maintain Health"**

**Q&A with the Professional Panel**  
Juvenile Diabetes & Kids Program  
Prediabetes, Type 1 & Type 2  
Various Health Screenings  
Local Exhibitors & Resources  
Free T-Shirt & Goody Bag  
Exercise Demos  
**RAFFLE**



**Register Online Today!**

**[www.diabetesandwellnessday.myevent.com](http://www.diabetesandwellnessday.myevent.com)**