

Adult Coloring



San Leandro Senior Community Center

13909 East 14th Street

San Leandro, CA 94578

Phone: (510) 577-3462 / FAX: (510) 577-3470

Join the art activity that is popular for good reason!

Adult coloring is known to reduce stress and anxiety, and creates relaxation, focus, and mindfulness.

This drop-in program takes place each Friday from 1:00pm-2:30pm.

Adult coloring sheets and colored pencils are available each week for all participants to use. Bring your own materials if you wish!

\$1.00 drop-in fee

For questions, please contact Customer Service at the Senior Community Center (13909 East 14th Street) or Marina Community Center (15301 Wicks Boulevard).



Customer Service (510) 577-3462

