

# Boys and Girls Club Pool Schedule Spring 2017

(510) 483-0832

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
7:00-8:30 AM	Lap Swim		Lap Swim <b>6:30-8:30 AM</b>		Lap Swim		Lap Swim <b>6:30-8:30 AM</b>		Lap Swim		Closed
8:30-9:30 AM	Shallow	Deep	Shallow	Deep	Shallow	Deep	Shallow	Deep	Shallow	Deep	Adult Lessons 8:30-9:15 AM
	Aqua Exercise	Adult Rec *	Aqua Exercise	Adult Rec *	Aqua Exercise	Adult Rec *	Aqua Exercise	Adult Rec *	Aqua Exercise	Adult Rec *	Adult Rec * 8:30-10:30 AM
9:30-10:30 AM	Shallow	Deep	Adult Rec Swim *		Shallow	Deep	Adult Rec Swim *		Adult Rec Swim *		Lap Swim 10:30-12:00 PM
	Adult Lessons 9:45-10:15 AM	Adult Rec *			Adult Lessons 9:45-10:15 AM	Adult Rec *					
10:30-4:00 PM	Closed		Closed <b>10:30-4:00PM</b>		Closed		Closed <b>10:30-4:00PM</b>		Closed		Lessons 12:00-3:30 PM
4:30-6:30 PM	Lessons		Lessons <b>4:30-7:30 PM</b>		Lessons		Lessons <b>4:30-7:30 PM</b>				
6:30-7:30PM	Lap Swim				Lap Swim						
7:30-8:30 PM	Shallow	Deep	Adult Lessons/Ex. Needs  7:30-8:15 PM		Shallow	Deep	Adult Lessons/Ex. Needs  7:30-8:15 PM				
	Water Aerobics	Adult Rec *			Water Aerobics	Adult Rec *					

\* **Widthwise Swimming**

**Facility closures**

**February 13 & 20**

**No Lessons, Evening Lap Swim and Water Aerobics: April 15 – April 21**

**May 29**

**June 3 - 11**

**All programs and classes are subject to change or cancellation**

**Schedule effective January 30, 2017**

**Class registration: [www.sanleandrorec.org](http://www.sanleandrorec.org)**