



Preparedness Tips

For more information contact the Emergency Services Division at 510-577-3351

Emergency Supplies Checklist

Stocking up now on emergency supplies can add to your safety and comfort during and after an earthquake. Store enough supplies for at least 5 days.

Essentials

- ✓
 - Water — 1 gallon per person per day (a week's supply of water is preferable)
 - Water purification kit
 - First aid kit, freshly stocked
 - First aid book
 - Food
 - Can opener (non-electric)
 - Blankets or sleeping bags
 - Portable radio, flashlight and spare batteries
 - Essential medications
 - Extra pair of eyeglasses
 - Extra pair of house and car keys
 - Fire extinguisher — A-B-C type
 - Food, water and restraint (leash or carrier) for pets
 - Cash and change
 - Baby supplies: formula, bottle, pacifier, soap and baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices.

Sanitation Supplies

- ✓
 - Large plastic trash bags for waste; tarps and rain ponchos
 - Large trash cans
 - Bar soap and liquid detergent
 - Shampoo
 - Toothpaste and toothbrushes
 - Feminine hygiene supplies
 - Toilet paper
 - Household bleach

Safety and Comfort

- ✓
 - Sturdy shoes
 - Heavy gloves for clearing debris
 - Candles and matches
 - Light sticks
 - Change of clothing
 - Knife or razor blades
 - Garden hose for siphoning and firefighting
 - Tent
 - Communication kit: paper, pens, stamps

Cooking

- ✓
 - Plastic knives, forks, spoons
 - Paper plates and cups
 - Paper towels
 - Heavy-duty aluminum foil
 - Camping stove for outdoor cooking (caution: before using fire to cook, make sure there are no gas leaks; never use charcoal indoors)

Tools and Supplies

- ✓
 - Axe, shovel, broom
 - Adjustable wrench for turning off gas
 - Tool kit including a screwdriver, pliers and a hammer
 - Coil of 1/2" rope
 - Plastic tape, staple gun and sheeting for window replacement
 - Bicycle
 - City map