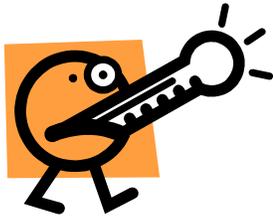


Senior Flu Shot Clinics



MONDAY, OCTOBER 11
10 AM - 2 PM

MONDAY, OCTOBER 18
10 AM - 2 PM

First come, first served – no appointment required

Marina Community Center
15301 Wicks Boulevard, San Leandro



Registered Nurses from the Sutter Visiting Nurse Association and Hospice will be available to give flu immunizations. Immunization is a very safe and effective method for preventing the flu.

**Please read back side of flyer for information regarding
flu shots and *REQUIRED DOCUMENTATION***



FLU SHOT FEE:

NO CHARGE if covered by Medicare Part B
(bring proof of insurance)

\$5.00 if not covered by Medicare Part B

PNEUMONIA SHOT FEE:

FREE

For questions about *clinic*:
(510) 577-3462

For questions about *flu shots*:
SVNAH FLU HOTLINE:
1-800-500-2400

CITY OF SAN LEANDRO
RECREATION AND HUMAN SERVICES



CREATING COMMUNITY

Senior Services
Marina Community Center, 15301 Wicks Blvd., San Leandro, CA. 94579
Phone: (510) 577-3462 / FAX: (510) 352-3049

QUESTIONS AND ANSWERS

How much are the shots?

The flu shot is \$5 and the pneumonia shot is FREE this year.

If you are covered by Medicare, is your shot free?

If you are covered by Medicare Part B, there is no cost to you for the shot. Sutter VNA & Hospice will bill Medicare for payment. We will verify coverage by checking the red, white and blue Medicare Part B card at the time of the shot.

Are Medicare HMOs the same as Medicare Part B?

No. If you are covered by a Medicare HMO, such as Pacificare, SecureHorizons, Healthnet Seniority Plus, CHAMPUS, etc., you need to pay for your shot at the clinic or see your own health care provider for a shot.

What about non-Medicare insurance, such as Kaiser, PacifiCare, Healthnet or Blue Cross?

Other than Medicare Part B, Sutter VNA & Hospice cannot bill insurance companies for a shot. If you do not have Medicare Part B coverage, you will need to pay in order to receive a shot at the clinic. Sutter VNA & Hospice will provide a receipt for you to submit to your insurance company for possible reimbursement of all or part of what you've paid. Sutter VNA & Hospice is not responsible for any difference between what you pay and what you may receive as reimbursement.

Do you give shots to children?

We provide shots for children 9-12 years old, with a prescription from the doctor and if accompanied by a parent or guardian. We provide shots for children 13-17 years old (no doctor's order needed), if accompanied by a parent or guardian.

Do you give shots to pregnant women?

We provide shots for pregnant women, though we do require a doctor's order for women in their first trimester. In accordance with State regulations, we will provide preservative-free vaccine for pregnant women, as our supplies last. The cost for a preservative-free shot for a pregnant woman is \$10.

Who should receive a pneumonia shot?

Pneumonia vaccinations are recommended for those 65 years or older. Only one pneumonia shot is needed after age 65, if you have not received one before. If you received a pneumonia shot before you turned 65, you should get a booster shot after you turn 65. There should be five years between the initial shot and the booster. Please check with your doctor if you are unsure about whether you need a pneumonia vaccine.

What if this is my first flu shot?

If this is your first time receiving a flu shot, please plan on remaining at the clinic for 10 minutes after you get your shot, in the unlikely event that there is a reaction to the shot.

What is Sutter VNA & Hospice?

Sutter VNA & Hospice is a not-for-profit community based home health care and hospice organization that serves 12 Northern California counties. The "VNA" stands for Visiting Nurse Association. All proceeds from our flu shot clinics help support local home care and end of life care services, and community support groups, so that these services are available for all who need them, regardless of ability to pay. In 2006, Sutter VNA & Hospice celebrated its 100th anniversary providing health care to patients and families in their homes.