

La Familia Counseling Service Developmental Disabilities Program

26081 Mocine Ave
Hayward, CA 94544
Bilingual case management and support groups for Spanish-speaking families and their disabled family members.

510-887-0661 (Developmental Disabilities Program)

Regional Center of the East Bay

500 Davis Street, Suite 100
San Leandro, CA 94577
Coordinates services and support for the developmentally disabled and their families.

510-383-1200 (Main Office)

Stepping Stones Growth Center

311 MacArthur Blvd
San Leandro, CA 94577
Services for children and adults with developmental disabilities. Life skills, vocational training and visual arts expression.

510-568-3331 (Main Office)

DISABILITY SERVICES

City of San Leandro FLEX Shuttle - Paratransit Service

835 East 14th Street
San Leandro, CA 94577
Designated shuttle and medical trip services for seniors and people with disabilities.

510-577-3462 (Office)

Community Resources for Independent Living (CRIL)

439 A Street
Hayward, CA 94541
Peer support, attendant referral, access to government benefits, housing information and advocacy for persons with disabilities .

510-881-5743 (Main Office)
510-881-0218 (TTY/TDD)

Deaf Counseling Advocacy and Referral Agency (DCARA)

14895 E 14th Street, #200
San Leandro, CA 94578
Services for deaf and hard of hearing people. Communication access, information and referral, employment assistance, independent living skills and peer counseling.

510-343-6670 (Main; Video Phone)
510-483-6914 (TTY/TDD)

East Bay Paratransit

1722 Broadway, 1st Floor
Oakland, CA 94612
Public transit for those unable to independently use public transportation due to disability or health condition.

510-287-5000 (Eligibility and Reservations)
800-555-8085 (Toll-Free)
510-287-5065 (TTY/TDD)

Lions Center for the Blind of Oakland

3834 Opal Street
Oakland, CA 94609
Rehabilitative programs for the blind and visually impaired. Orientation and mobility, living and employment skills, and assistive technology.

510-450-1580 (Voice)

EMPLOYMENT, TRAINING AND EDUCATION SERVICES

Alameda County Office of Education Cal-SAFE (California School Age Families Education) Program

313 West Winton Ave
Hayward, CA 94544
Provides expectant and parenting teens with academic, case management, counseling, vocational and nursing support at a single site.

510-670-7725 (Cal-SAFE)
510-670-4590 (Student Programs and Services)

Davis Street Family Resource Center

3081 Teagarden Street
San Leandro, CA 94577
Employment support includes job hunting, resume writing and interview preparation.

510-347-4620 (Main Office)

San Leandro Unified School District San Leandro Adult School

2255 Bancroft Ave
San Leandro, CA 94577
Provides a variety of educational classes, many at little or no cost.

510-618-4420 (Office)

San Leandro Public Library Project Literacy

300 Estudillo Ave
San Leandro, CA 94577
Tutoring in basic reading and writing skills for English-speaking adults age 16 or over. Computer lab.

510-577-3944 (Office)

The Unity Council Multi-Cultural One-Stop Career Center

1900 Fruitvale Ave, Suite 2B
Oakland, CA 94601
Provides comprehensive employment preparation and job search assistance in Cambodian, Cantonese, Laotian, Spanish, Vietnamese and English.

510-535-6101 (One-Stop Career Center)

FAMILY PLANNING SERVICES

Alameda County Public Health Department Child Health and Disability Prevention

1000 San Leandro Blvd
San Leandro, CA 94577
Information and referral to well-child health care, including immunizations, for low-income families. Maintains list of program physicians and dentists that accept Medi-Cal.

510-618-2070 (Office)

Alameda County Public Health Department Maternal, Paternal, Child and Adolescent Health

1000 Broadway, Suite 500
Oakland, CA 94607
Information and referral to family planning, reproductive health, prenatal care, child disability prevention, and Medi-Cal obstetricians and midwives.

510-208-5980 (Office)
888-604-4636 (Public Health Clearinghouse)

Birthright

1048 Grant Ave
San Lorenzo, CA 94580
Free, confidential pregnancy testing and counseling for women facing unplanned pregnancies. Information on shelters, adoption services and alternatives to abortion.

510-481-9677 (Office)

Girls Incorporated of Alameda County

13666 E 14th Street
San Leandro, CA 94578
School-based pregnancy prevention education program delivers workshops on reproductive health, effective communication and healthy relationships. Also offers peer education program.

510-357-5515 (Main Office)

Golden Gate Community Health Hayward Health Center

1866 B Street
Hayward, CA 94541
Primary and reproductive health care. Family planning information, pregnancy testing and counseling, vasectomy, medical and surgical abortion, HIV testing and STD diagnosis and treatment.

800-967-7526 (Office)

FINANCIAL ASSISTANCE SERVICES

Alameda County Social Services Agency Economic Benefits Department

2000 San Pablo Avenue
Oakland, CA 94612
Financial assistance and social services for low-income individuals, children and families. Interactive phone system provides information on CalWORKs, General Assistance, CalFRESH (Food Stamps), Medi-Cal and Employment programs.

510-263-2420 (Interactive Voice Response-IVR)
888-999-4772 (Toll-Free Interactive Voice Response)
510-777-2300 (Medi-Cal Center)
www.alamedasocialservices.org

Davis Street Family Resource Center

3081 Teagarden Street
San Leandro, CA 94577
Emergency food, clothing and free medical clinic for eligible individuals. Child care programs for low-income families. Counseling for individuals, couples and families.

510-562-4037 (Main Office)

Davis Street Family Resource Center Health Services

3081 Teagarden Street
San Leandro, CA 94577
Free acute and primary care medical clinics for uninsured adults and children. Free dental clinic for adults. Health services for residents of area served.

510-347-4620 (Main Office)
510-347-4620, EXT 158 (Health Services)

HEALTH SERVICES

Alameda County Health Care Services Agency

Alameda County Medical Center Fairmont Campus
15400 Foothill Blvd
San Leandro, CA 94578
Comprehensive health care including inpatient, outpatient, rehabilitation, skilled nursing, and HIV services.

510-895-4200 (Main Number)
510-895-4353 (HIV Services)

Alameda County Public Health Department County Medically Indigent Services Program (CMSP)

1000 San Leandro Blvd, Suite 300
San Leandro, CA 94577
Health coverage plan for people who need but cannot afford basic medical services, and who don't qualify for assistance from other programs. Provides coverage for most health care needs at specific locations.

510-618-1996 (General Inquiries)

Alzheimer's Services of the East Bay

2320 Channing Way
Berkeley, CA 94704
Adult day care and socialization for persons with Alzheimer's disease or related dementias. Support groups for families and caregivers.

510-644-8292 (Administration, Berkeley)
510-888-1411 (Hayward)
510-268-1410 (Oakland)

Community Adult Day Care Center at St. Peter's

290 Broadmoor Blvd
San Leandro, CA 94577
Adult day care for those living with Alzheimer's disease, other dementias, Parkinson's disease or stroke. Respite program for caregivers of those with Alzheimer's or other dementias.

510-562-4037 (Main Office)

Davis Street Family Resource Center Health Services

3081 Teagarden Street
San Leandro, CA 94577
Free acute and primary care medical clinics for uninsured adults and children. Free dental clinic for adults. Health services for residents of area served.

510-347-4620 (Main Office)
510-347-4620, EXT 158 (Health Services)

George Mark Children's House

2121 George Mark Lane
San Leandro, CA 94578
Sub-acute hospital care for seriously ill or dying children, age birth-21. Respite, transitional, end of life and bereavement support for families.

510-346-4624 (Main Office)

Pathways Home Health, Hospice and Private Duty

333 Hegenberger Road, Suite 700
Oakland, CA 94621
In-home medical and emotional care for terminally ill patients and their families. Home health care as ordered by physicians. Private duty home health aides.

510-632-4390 (Information)

SOS/Meals on Wheels (Service Opportunities for Seniors, Inc.)

1435 Grove Way
Hayward, CA 94546
Home delivered meals to homebound seniors.

510-582-1263 (Main Office)

Tiburcio Vasquez Health Center Family Support Services - Adolescent Family Life Program

22211 Foothill Blvd
Hayward, CA 94541
Case management, counseling and referrals for pregnant and parenting teenagers.

510-471-5880 (Appointments)

Tiburcio Vasquez Health Center Hayward Clinic

22331 Mission Blvd
Hayward, CA 94587
Comprehensive primary care includes pregnancy testing and counseling, prenatal care, pediatrics, adult medicine, and confidential HIV testing.

510-471-5880 (Appointments)

HOUSING SERVICES

Alameda County Housing Authority

22941 Atherton Street
Hayward, CA 94541
Low-cost housing and Section 8 subsidized rental housing for eligible families, seniors and disabled persons.

510-538-8876 (Main Office)
510-727-8551 (TDD)

ECHO Housing Eden Council for Hope and Opportunity, Inc.

770 A Street
Hayward, CA 94541
Assistance with housing discrimination, move-in costs or delinquent rent, tenant/landlord issues and mortgage issues.

510-581-9380 (Administration)
888-887-3246 (Toll-Free)

Eden Housing, Inc.

22645 Grand Street
Hayward, CA 94541
Constructs and rehabilitates homes for senior, disabled and low-income persons. Many properties include resident support programs.

510-582-1460 (Main Line)
510-247-8141 (Housing Information Hotline)

Eden I&R, Inc. Housing Department

570 B Street
Hayward, CA 94541
Manages a database of over 74,000 housing units in Alameda County. Information and referral to emergency shelters and transitional, subsidized and permanent low-cost housing. Operates AIDS Housing and Information Program (AHIP).

2-1-1 (Information and Referral)
510-727-9565 (Housing Department)
877-424-3746 (AIDS Housing and Information Project - AHIP)
510-537-3794 (TTY/TDD)

LEGAL AND CRIMINAL JUSTICE SERVICES

Alameda County Superior Court Self-Help Center

1225 Fallon Street, #109
Oakland, CA 94612
Legal and procedural information for those without an attorney. Areas of law include small claims, family law, child custody and visitation, civil restraining orders, and guardianship. Offers legal clinics and workshops.

510-272-1393 (Phone for All Self-Help Centers)

Family Violence Law Center Legal Services

PO Box 22009
Oakland, CA 94623
Provides legal assistance to victims of domestic violence. Assists with restraining orders, child custody, visitation and support orders. Also offers 24-hour crisis line and mobile response services.

510-208-0220 (Office)
510-208-0255 (24-Hour Crisis Line)

International Institute of the East Bay Immigrant Legal Services Program

405 - 14th Street, Suite 500
Oakland, CA 94612
Assists immigrants with family reunification, citizenship, battered spouse and child petitions, asylum, and special visas for crime victims.

510-451-2846 (Main Office)

Legal Assistance for Seniors (LAS)

464 7th Street
Oakland, CA 94607
Free legal assistance for seniors in the areas of elder abuse prevention, guardianship of minors, income maintenance, health law (Medicare and Medi-Cal), and immigration/naturalization. Also operates Health Insurance Counseling and Advocacy Program (HICAP).

510-832-3040 (Legal Assistance)
510-839-0393 (HICAP)
800-393-0363 (HICAP for Southern/Eastern Alameda County)

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800-393-0363 (HICAP for Southern/Eastern Alameda County)

MENTAL HEALTH SERVICES

Alameda County Health Care Services Agency

Alameda County Medical Center John George Psychiatric Pavilion

2060 Fairmont Drive
San Leandro, CA 94578
Psychiatric emergency services, acute inpatient services, and walk-in clinic for mental health clients.

510-346-7500 (John George Psychiatric Pavilion)
510-346-1421 (Psychiatric Emergency)

Alameda County Health Care Services Agency Behavioral Health Care Services ACCESS Program

1900 Embarcadero, Suite 208
Oakland, CA 94606
Telephone screening, information and referral to mental health, alcohol and drug abuse services.

800-491-9099 (Centralized Intake Service)

Alameda County Health Care Services Agency Behavioral Health Care Services ACCESS Program

1900 Embarcadero, Suite 208
Oakland, CA 94606
Telephone screening, information and referral to mental health, alcohol and drug abuse services.

800-491-9099 (Centralized Intake Service)

Alameda County Behavioral Health Care Services

Eden Children's Services
2045 Fairmont Drive
San Leandro, CA 94578
Outpatient services for children with severe mental health problems.

800-491-9099 (ACCESS Program)
510-667-7540 (Child Outpatient)

Alameda County Behavioral Health Care Services Eden Community Support Center

2045 Fairmont Drive
San Leandro, CA 94578
Outpatient services for adults with severe mental health problems. Case management, psychotherapy and medication.

800-491-9099 (ACCESS Program)
510-667-7500 (Adult Outpatient)

Compassionate Friends

4101 Park Blvd
Oakland, CA 94602
Support group for bereaved parents of deceased children.

510-835-3579 (Oakland office)

Davis Street Family Resource Center Community Counseling

3081 Teagarden Street
San Leandro, CA 94577
Provides affordable counseling to children, adolescents, adults, couples and families.

510-347-4620 (Main Office)

Family Service Counseling and Community Resource Center

2208 San Leandro Blvd
San Leandro, CA 94577
Individual, couples and family counseling. Serves children, adolescents and adults.

510-483-6715 (Main Office)

Girls Incorporated of Alameda County Pathways Counseling Center

13666 E 14th Street
San Leandro, CA 94578
Outpatient counseling for children, adolescents, adults and families.

510-357-5515 (Main Office)

La Familia Counseling Service

26081 Mocine Ave
Hayward, CA 94544
Mental health counseling for children, adults, couples and families.

510-881-5921 (Main Office)

Lincoln Child Center

4368 Lincoln Avenue
Oakland, CA 94602
Kinship support, school and residential mental health services for children and youth.

510-531-3111 (Main Office)
510-583-8026 (Kinship Support Services Program)

Seneca Center for Children and Families

2275 Arlington Drive
San Leandro, CA 94578
Therapeutic preschool for emotionally disturbed children, school-based counseling, and 23-hour crisis stabilization program for adolescents.

510-317-1444 (Main Office)
510-483-3030 (Adolescent Crisis Stabilization)

STARS Community Services Program

545 Estudillo Ave
San Leandro, CA 94577
Case management and mental health services for transition age and foster youth, young adults and their families.

510-352-9200 (Main Office)

Telecare Corporation Alameda STAGES

280 - 17th Street
Oakland, CA 94612
Mental health services for older adults with severe mental illness.

510-352-9890 (Alameda STAGES)

Telecare Corporation Sausal Creek Outpatient Stabilization Clinic

2620 - 26th Ave
Oakland, CA 94601
Walk-in mental health clinic for adults in acute distress who cannot wait for routine mental health care.

510-437-2363 (Sausal Creek)

Triad Family Services Foster Counseling Services

14429 Catalina Street
San Leandro, CA 94577
Counseling for foster children and their foster families.

510-351-3665 (San Leandro Office)